

The 5 'Rs' of Revision

Reduce ↓

Reducing content **forces you to engage with it.**

Recall ↶

Produce content when revising: force yourself to create things that use memory recall.

Test yourself: who, what, where, when, why.

Produce flashcards with questions on the back of them so that you can test yourself.

Rethink ↻

This is about using your knowledge in different contexts (like the exam).

Review ▶||

Don't just revise what you already know. Review your learning and focus on the areas you are weaker at.

Repeat ↻

This is about repeating and going over what you have learnt, regularly

'Spaced Learning' – evidence suggests that students do better when they go over revision again and again, but with gaps in between.