

Year 13 Transition Programme

Aspiring for Success after Sixth Form (5-week Program)



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We want to ensure that our Year 13 students are prepared for their future endeavours (university, apprenticeship, world of work) after sixth form. With this in mind, we have prepared a series of activities for students to complete over five weeks:

Date
Wk1 - 14/06/21
Wk2 - 21/06/21
Wk3 - 28/06/21
Wk4 - 05/07/21
Wk5 - 12/07/21

Aim: Develop the requisite mind frame and skillset to become successful in your future endeavours.

The programme will cover the following short courses and activities:

- ***University Preparation Course***
- ***Improving Your Study Techniques***
- ***Logical and Critical Thinking***
- ***Cultural Awareness***
- ***Kindness & Generosity***

Each week, you should complete at least one activity from the set above per day as the table below suggests:

Day	Activity	How	Measure
Monday	University Preparation Course: Getting Ready for Success at University	Future Learn website	Weekly google form on Fridays
Tuesday	Improving Your Study Techniques	Future Learn website	
Wednesday	Logical and Critical Thinking	Future Learn website	
Thursday	Cultural Awareness	PowerPoint	
Friday	Kindness & Generosity Booklet	Booklet	

At the end of the week, you will then complete a google form stating what you have learnt from the activities you have undertaken.

This will be reviewed by members of staff at school.

General Guidance on Online Safety During Future Learn Courses

Please note that Future Learn is a platform that anybody can access. It is a very well respected platform that top universities and employers use to share courses. Comments made within the courses are also moderated by Future Learn.

It is important that you:

- Do not use your real name to sign up. We recommend using your first name only.
- Do not share any personal details with anybody on the course
- Behave in a sensible manner, and report any concerns to Future Learn, or to us at SASS Sixth Form

University Preparation Course (via Future Learn) – [Monday]

Why is this important?

Success at university is about more than attending classes and sitting exams. Understanding how university level education differs from school or college life can help you to transition into university effectively and to succeed in your studies.

This preparation course is designed to show you how UK-based university level learning may be different to your previous educational experiences, with the ultimate aim being to prepare you for success at university.

You will then get to grips with how university students learn and how they are assessed through exams, coursework and more. From here, you will then identify the ways in which you will be supported to succeed, and will start to develop your own personal plan for success.

How do I complete it?

Go to and sign up for the course that started this week:

<https://www.futurelearn.com/courses/get-ready-for-success-at-university>

How will I be assessed?

You will reflect on and review your learning in a weekly google monitoring form, which you will complete at the end of each week.

Improving Your Study Techniques (via Future Learn) – [Tuesday]

Why is this important?

Learning is a fundamental part of life; many of us continue studying even when we leave formal education. This means good study skills are vital for all of us. Many, however, lack these skills and struggle to study effectively.

This Future Learn course aims to change that. Through the course you will learn to become a better student by learning to apply the ‘three-step model’ of studying: previewing, summarising and revising. You will consider your use of time and learn how to make a realistic study plan. You will also learn how to tackle procrastination, deal with stress and keep motivated while studying.

How do I complete it?

Go to and sign up for the course that started this week:

<https://www.futurelearn.com/courses/improving-study-techniques>

How will I be assessed?

You will reflect on and review your learning in a weekly google monitoring form, which you will complete at the end of each week.

Logical and Critical Thinking (via Future Learn) – [Wednesday]

Why is this important?

We are constantly being given reasons to do and believe things: to believe that we should buy a product, support a cause, accept a job, judge someone innocent or guilty, that fairness requires us to do some household chore, and so on. Assessing the reasons we are given to do or believe these things calls upon us to think critically and logically.

You will learn how to:

- identify and avoid common thinking mistakes that lead to the formation of bad beliefs;
- recognise, reconstruct and evaluate arguments;
- use basic logical tools to analyse arguments;
- and apply those tools in areas including science, moral theories and law.

How do I complete it?

Go to and sign up for the course that started this week:

<https://www.futurelearn.com/courses/logical-and-critical-thinking>

How will I be assessed?

You will reflect on and review your learning in a weekly google monitoring form, which you will complete at the end of each week.

Cultural Awareness – [Thursday]

Why is this important?

Having cultural awareness shows others that we are curious about the world around us. Knowing about significant developments in architecture, theatre, writing, art and music helps us have a clearer understanding of the world around us.

Scientists have also shown us that the more we know, the faster we learn new things. Having greater cultural awareness will help you progress faster in your future endeavours.

What do I need to do?

We have compiled a list of the 50 cultural activities that you can do from your tablet, smart phone or computer.

You should access at least one of these per week.

How do I complete it?

Simply open the document called 'Cultural Awareness' and choose an activity that sounds interesting to you.

How will I be assessed?

You will reflect on and review your learning in a weekly google monitoring form, which you will complete at the end of each week.

Kindness and Generosity Booklet – [Friday]

Why is this important?

At Stepney All Saints, we pride ourselves on being an inclusive, respectful and kind school. Kindness a key attribute that we expect all our Sixth Formers to model.

Being kind also improves our own wellbeing and makes us feel good about ourselves.

What do I need to do?

Open the 'Kindness Diary'.

For each day in the next 30, there is a suggested kindness activity. You can then write down and record what act of kindness you did that day.

How will I be assessed?

You will reflect on and review your learning in a weekly google monitoring form, which you will complete at the end of each week.